

Aloha Seasiders Ohana,

Due to the COVID-19 pandemic, athletics has adapted to meet current social distancing guidelines and protections for our students, coaches and spectators.

All sports have been classified into three categories: low, moderate and high risk.

Fall (moderate & high risk) sports have been moved to January, between Winter and Spring sports seasons. These would include Cross Country, Girls Volleyball and Football. (Football only offered at Hilo and Honokaa if you live in their district).

The low risk Fall sports season will open on August 19.

Here at Laupāhoehoe, we will be offering Air Riflery and ESports as our low risk sports. Online sign ups will be offered between August 17-28. Practices will be conducted after school. Please email wallace.wong@lcpcs.org to reserve a spot on our team.

All students interested in being a part of our Seasiders Athletics Program must submit a current Physical Examinations for Athletes form, which can be picked up at our office or on our Athletics webpage.

Mahalo for your continued support and Go Seasiders!

Wally Wong
Athletic Coordinator, LCPCS